

<i>Montag</i>	<i>Dienstag</i>	<i>Mittwoch</i>	<i>Donnerstag</i>	<i>Freitag</i>	<i>Samstag</i>
		10.00 – 11.30 Yin Yoga regenerierend Christina			10.00 – 11.30 Yin Yoga regenerierend Christina
17.00 – 18.30 Vinyasa Yoga Level 1 Christina	17.00 – 18.30 Yoga Tune Up® Level 1+2 Christina	18.00 – 19.30 Vinyasa Yoga sanft Level 1 Christina	18.00 – 19.30 Yoga Tune Up® Level 2 Christina	16.30 – 18.00 Vinyasa & Yin Yoga Level 1+ regen. Christina	
19.00 – 20.30 Vinyasa Yoga Level 2 Christina	19.00 – 20.30 Yin Yoga & Self Care regenerierend Christina				